

# Health and Social Care at Norbury High

## Overview

### **Pearson Level 3 Alternative Academic Qualification (AAQ) BTEC National Extended Certificate in Health and Social Care**

The Pearson BTEC Level 3 National Extended Certificate in Health and Social Care (AAQ) at Norbury High School for Girls provides students with a broad understanding of the health and social care sector, preparing them for further study or employment in related fields. Students explore human development, biological and psychological principles of care, and the values that underpin professional practice. Through a mix of externally assessed units and internally assessed coursework, they develop key skills such as critical thinking, communication, empathy, teamwork, independent research, and reflective practice. The course also builds awareness of ethical, legal, and social issues in health and social care, encouraging learners to think deeply about how to meet individuals' needs in diverse and complex settings.

## Year 12 Health and Social Care

### **Unit 1 Human Lifespan and Development (Externally Assessed)**

Human growth and development across the life stages.

Physical, intellectual, emotional and social development.

Factors influencing growth and development, including genetic, environmental, and social factors.

The impact of life events and how individuals adapt.

The effects of ageing.

Theoretical perspectives on human development.

### **Unit 3 Principles of Health and Social Care Practice (Internally Assessed)**

Values, principles and ethical frameworks guiding professional practice.

Promoting person-centred approaches and inclusive practice.

The importance of safeguarding, consent and empowerment.

The impact of social and cultural factors on care delivery.

Working in partnership with others, including multidisciplinary professionals.

Professional responsibilities and reflective practice in health and social care settings.

# **Year 13 Health and Social Care**

## **Unit 2 Human Biology for Health (External Assessment)**

The structure and function of the human body and organ systems.

The role of homeostasis and how it maintains internal balance.

Energy production, nutrition and the function of key physiological processes.

Common disorders affecting body systems, including their causes, symptoms and treatments.

How human biology underpins effective health and social care practice.

## **Unit 5: Promoting Health Education (Internal Assessment)**

Key models and theories of health promotion and behaviour change.

Designing and delivering health education campaigns.

Evaluating the impact of health education on individuals and communities