



# 2025 BREAK BAD HABITS



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ON A 12-MONTH  
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leisure centres, health clubs,  
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HEALTH CLUB MEMBERSHIPS

To search for participating gyms and leisure centres near you please scan the QR code above on your phone. Please note that the window for membership sign up is only available between the 1<sup>st</sup> and 20<sup>th</sup> of each month.