

# INDEPENDENT READING AT HOME

A GUIDE FOR PARENTS/CARERS



Norbury Manor Business & Enterprise College

## WHY READ?

Children who engage with literacy are 3 times more likely to have higher levels of mental wellbeing. 12-year-olds who read regularly have a reading age of 2.1 years ahead of their peers and this increases to 3.3 years for 14-year-olds.\*

## READING BENEFITS

### LEARNING AND HELPS WITH MENTAL HEALTH



\*According to the National Literacy Trust  
<https://literacytrust.org.uk/research-services/research-reports/>

## HOW CAN I HELP?



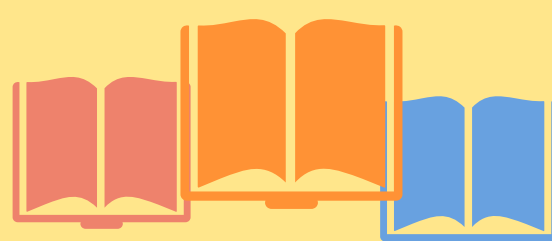
## IF YOU CAN, CREATE A QUIET SPACE FOR READING

During the half an hour slot of independent reading on your child's lockdown timetable, your child should be able to pick up a book to read without unnecessary distractions around her.

## WHICH BOOKS?

Check out the recommended reading list for different key stages, which includes a list of free e-books and audio books. Project Gutenberg, Audible and the Virtual School Library are also good places to explore books..

## JOIN THE LRC GOOGLE CLASSROOM PAGE \*\*



\*\*Your child should ask her tutor for the code to join if she has not done so already.

## RECOMMENDED ACTIVITIES



Have a conversation with your child about the book she has read. Ask her wh-questions such as Who, What, When, How, Why. Get her to respond to her book in a creative way. For example, create a poster, a quote bookmark, MindMaps or character journeys.

**"ONCE YOU LEARN TO READ, YOU WILL BE FOREVER FREE"**  
**– FREDERICK DOUGLASS**